

Bellevue Public Schools



Alumni Spotlight



Angee Henry

Bellevue West, 1993

Angee Henry is one of the most decorated track athletes in Nebraska history. The 10 Time NCAA All-American specialized as a long jumper but also was a speedster on the track, setting the Nebraska state record in the 400m as a junior with a time of 55.36 seconds - a record that still stands over 30 years later! Although an injury late in her senior year prevented Henry from attempting to break her own record, she bounced back in college to become one of the Huskers most accomplished track and field stars ever!

What high school did you attend and what year did you graduate?

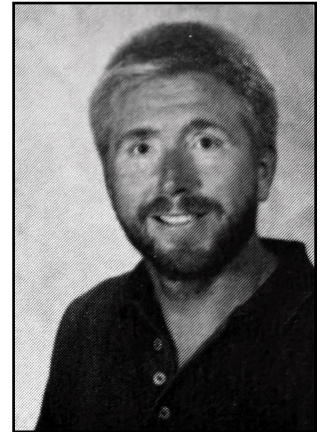
I graduated from Bellevue West in 1993.

Did you attend any other schools in Bellevue?

Bellevue East for about a week, but then found out kids I had gone to other schools with in California and England were at West. Sometimes I question that move. Bellevue East was State Track Champions two years in a row back then.

How did you end up in Bellevue?

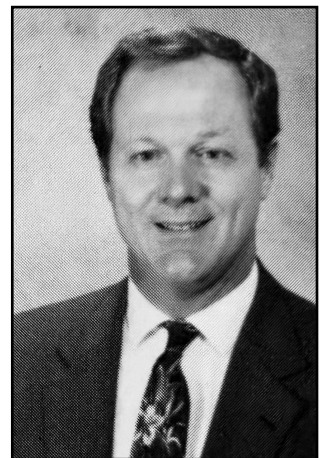
I was a military brat. I was born in England and attended elementary school in California and Arizona. During my sixth grade year, my dad was stationed to Offutt Air Force Base. I grew up with five siblings and I am the second oldest.



Dennis McDermott

Could you talk about a few of your favorite teachers?

Oh, my favorite teacher was Mr. McDermott. I was never good at science, but he made it fun. He was also there for you as a person, not just as a student. Another teacher that I really enjoyed having was Mr. Kratina. He introduced me to reading classical novels like Nathaniel Hawthorne. I fell in love with English and became an English teacher because of him.



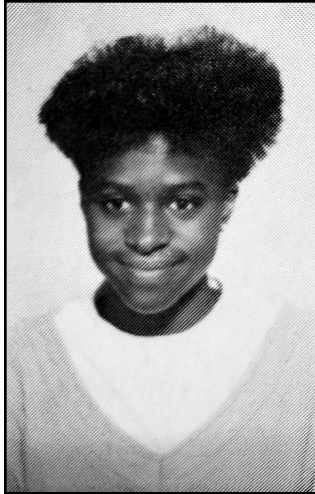
Robert Kratina

Did you have a favorite class?

My favorite class had to be Latin - Mrs. Styles was fun!

What clubs, groups, and organizations were you involved with?

I was in Latin Club, Band, FBLA, and of course basketball, track, and cross country.



Angee's Junior Photo

Did you have any favorite places to hang out in town?

Taco Bell on Galvin with Karli Hall

Do you have siblings?

My brother Ricky Henry and sister Brandy Henry both attended West. Brandy and Ricky also went to Logan. My little sister Ravin was there for a year but then attended Millard North when my mom moved.

Do you still have any family in Bellevue?

No, my brother Ricky lives in Papillion in that area that Bellevue and Papillion used to fight over on 36th Street.

What did you do after high school graduation?

I attended the University of Nebraska and ran track for 4 years. After that, I went to graduate school in Vermillion, South Dakota because I was told I could not run pro track and that I needed to think about my future. Next, I was off to Europe to run and teach English. After returning, I earned my teaching degree from the College of St. Mary's in 2004 and a Master's

degree in English as a Second Language.

Talk a little about your time at the University of Nebraska-Lincoln.

I was a Husker from 1993-1997. I competed in the 4x400, 4x100, long jump, triple jump, 55-meter dash, and 200-meter dash. I majored in psychology with a minor in communications. At the University of Nebraska, I was a two-time NCAA long jump champion, a three-time Big 12 Conference champion, and a 10-time All-American.

Following college, I competed in Europe for two years, and in 2001, I started competing in middle-distance events in the United States. I finished fifth in the 800 at the U.S. Indoor Championships in 2009 and 2010 and placed 6th at the 2010 USA Track and



Angee's Senior Photo

Field Outdoor Championships in the 400m. I was inducted into the Nebraska High School Sports Hall of Fame in 2010.



What are you up to now?

I'm currently a private coach for track and field athletes. I also teach English and coach track and cross country at Boys Town High School, where I've been since 2004. I spend time volunteering at the Food Bank of the Heartland and am still competing at local collegiate meets in the 200 and 60 meters.

In 2021 I set the Master 45-49 world record in the 400 meters! Last year, I competed at the USATF National Track and Field meet in the 60 meters as the oldest competitor.

What are some of the awards and recognitions you have received over the years?

- Teacher of the Year 2021 Boys Town Middle School
- Nebraska High School Hall of Fame
- Bellevue West Hall Fame
- Nebraska Black Athlete Hall of Fame

What's on your bucket list?

I want to coach a college team and also compete on a rowing team. I want to go to Asia, and I would also like to help out at an underprivileged school in a foreign country.



What advice do you have for current Bellevue students?

Embrace every opportunity that comes your way. Believe in yourself and your abilities. Work hard, stay focused, and never give up. Don't forget to look to the support of your teachers and friends. Remember, your potential is limitless. Dream big and make your mark on the world.



Angee (right) with fellow T-Bird Alum Clester Johnson (Class of '91)

Links

Angee's Nebraska High School Sports Hall of Fame Page

<https://nebhalloffame.org/angee-henry-bellevue-west/>

Angee's World Athletics Page with Recent Track Results

<https://worldathletics.org/athletes/united-states/angee-henry-14880024>

About Us

The Alumni Spotlight is a recurring feature on the Alumni Association Facebook Page. If you know of a Bellevue graduate that we should shine the spotlight on, please reach out to us at bps.alumni@bpsne.net and they will be considered for a future column.

Continue to invite your friends and family to Like and Follow our Alumni Association page: <https://www.facebook.com/BPSAlumni1>

All previous Alumni Spotlights are archived at:

<https://www.bps-foundation.org/alumni-spotlights/>

